



Welcome to The N.U.*in* Program

The N.U.*in* Program is a unique and innovative first-year international program that reflects the mission of Northeastern University: encouraging our students to grow as individuals, develop an affinity for Northeastern, and actively engage in a supportive community that emphasizes global citizenship and a holistic academic experience.

The N.U.*in* Program is a good fit for students who wish to engage in a personally challenging and academically integrated experience with an international edge. The N.U.*in* Program provides a truly transformative experience to students who are ready for the challenge. Our students are well-prepared to translate their knowledge into marketable assets throughout college and in the future. N.U.*in* alumni are adventurous, ambitious, intellectually curious, reflective, and independent individuals who engage in their own learning. They share a passion for the world and thrive in their community.

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Introduction & Program Overview

INTRODUCTION

Admitting students into The N.U.*in* Program allows the university to take talented candidates who possess a unique sense of adventure. N.U.*in* is a selective program designed for those who are especially motivated to enroll at Northeastern and to participate in co-op and other experiential learning programs. This unique first-year experience provides students with the support to develop as trailblazers with skills to differentiate themselves in the classroom, the job market, and beyond.

Goals

- To provide students with an early opportunity to have an enriching first-year international experience
- To provide a supportive environment that encourages students to develop self-awareness, enhanced cultural sensitivity, respect for diverse beliefs and opinions, ability to interact and collaborate with individuals and communities of diverse backgrounds
- To provide N.U.*in* participants with a holistic academic experience while earning credit toward their Northeastern undergraduate degree
- To provide structure and support to help transition from high school into college
- To provide guidance to families and students as they navigate this important transition
- To foster a community-building environment
- To build Northeastern affinity and orient students to the Northeastern culture

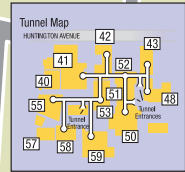


NORTHEASTERN UNIVERSITY CAMPUS MAP



Northeastern University

Campus Map



Academic and Service Buildings

- 66 Alumni Center at Columbus Place (CP)
- 61 Architecture Studio (RG)
- 70 Asian American Center (AC)
- 68 Badger & Rosen SquashBusters Center (SB)
- 40 Barletta Natatorium (BN)
- 26 Behrakis Health Sciences Center (BK)
- 51 Blackman Auditorium (AUDL)
- 41 Cabot Physical Education Center (CB)
- 7 Cahners Hall (CA)
- 36 Cargill Hall (CG)
- 72 Catholic Center (CC)
- 54 Churchill Hall (CH)
- 66 Columbus Place and Alumni Center (CP)
- 47 Cullinane Hall (CN)
- 50 Curry Student Center (CSC)
- 6 Cushing Hall (CU)
- 57 Dana Research Center (DA)
- 39 Dockser Hall (DK)
- 43 Dodge Hall (DG)
- 82 East Village (EV)
- 60 Egan Engineering/ Science Research Center (EC)
- 52 Eli Hall (EL)
- 71 Fenway Center (FC)
- 55 Forsyth Building (FR)
- 78 Hastings Hall at the YMCA (YMC)
- 53 Hayden Hall (HA)
- 10 Hill-Frager (HF)
- 33 Holmes Hall (HO)
- 46 Hurlig Hall (HT)

- 83 Interdisciplinary Science and Engineering Complex (ISEC) (under construction)
- 77 International Village (INV)
- 35 Kariotis Hall (KA)
- 38 Knowles Center (KN)
- 34 Lake Hall (LA)
- 58 Latino/a Student Cultural Center (LC)
- 17 Marino Recreation Center (MC)
- 44 Mathews Arena (MA)
- 29 Meserve Hall (ME)
- 48 Mugar Life Sciences Building (MU)
- 31 Nightingale Hall (NI)
- 27 O'Bryant African American Institute (AF)
- 63 Renaissance Park (RP)
- 42 Richards Hall (RI)
- 49 Robinson Hall (RB)
- 73 ROTC Office (RO)
- 24 Ryder Hall (RY)
- 30 Shillman Hall (SH)
- 58 Snell Engineering Center (SN)
- 59 Snell Library (SL)
- 37 Stearns Center (ST)
- 23 West Village F, G, H (WV)
- 74 101 Belvidere (BV)
- 80 140 The Fenway (TF)
- 79 177 Huntington (177)
- 81 236 Huntington (236)
- 84 271 Huntington (271)

Residence Buildings

- 21 Burstein Hall (BU)
- 67 Davenport Commons A, B (DC)
- 82 East Village (EV)
- 77 International Village (INV)
- 1 Kennedy Hall (KDY)
- 4 Kerr Hall (KH)
- 12 Levine Hall and St. Stephen Street Complex (LV)
- 9 Light Hall (LH)
- 5 Loftman Hall and 153 Hemenway Street (LF)
- 3 Mevin Hall (MH)
- 20 Rubenstein Hall (464)
- 2 Smith Hall (SM)
- 16 Spere Hall (SP)
- 14 Stetson East (SE)
- 15 Stetson West (SW)
- 23 West Village Residence Complex A, B, C, E (WV)
- 23 West Village Residence Complex F, G, H (WV)
- 18 White Hall (WH)
- 28 Willis Hall (WI)
- 69 10 Coventry Street (CV)
- 8 142-148 Hemenway Street (142-148)
- 11 319 Huntington Avenue (319)
- 11 337 Huntington Avenue (337)
- 19 407 Huntington Avenue (407)
- 76 768 Columbus Avenue (768)
- 64 780 Columbus Avenue (780)

Parking Garages

- 65 Columbus Parking Garage (CPG)
- 75 Belvidere Parking Garage (BVG)
- 45 Gainsborough Parking Garage (GG)
- 62 Renaissance Park Garage (RPG)
- 25 West Village Parking Garage (WPG)

Legend

- # Academic and Service Buildings
- # Academic/Service-Residence Buildings
- # Residence Buildings
- # Parking Garages
- P Parking (permit required)
- V Visitor Parking
- ♿ Handicapped Parking
- ♿ Handicapped-Accessible Entrance
- ☎ Emergency Telephone
- T MBTA Station
- ★ Visitor Center
- 📍 Alumni Center at Columbus Place

USEFUL CONTACTS

GENERAL

The N.U. <i>in</i> Program office 101 Belvidere	northeastern.edu/nuin	617.373.6447
Housing and Residential Life 4 Speare Commons	northeastern.edu/housing	617.373.2814
New Student Orientation 101 Ell Hall	northeastern.edu/orientation	617.373.3868
Student Financial Services 354 Richards Hall	northeastern.edu/financialaid	617.373.2270
University Health and Counseling Services 135 Forsyth Building	northeastern.edu/uahcs TTY	617.373.2772 617.373.5973
Help Desk - myNEU Portal Assistance 184 Snell Library	help@neu.edu	617.373.4357
The Office of Global Services (OGS) 405 Ell Hall	www.northeastern.edu/ogs/	617.373.2310

COLLEGES & PROGRAMS

Bouvé College of Health Sciences 120 Behrakis Hall	northeastern.edu/bouve	617.373.3320
College of Arts, Media and Design 102 Ryder Hall	northeastern.edu/camd	617.373.3682
College of Computer and Information Science 202 West Village H	northeastern.edu/ccis	617.373.2462
College of Engineering 230 Snell Engineering Center	northeastern.edu/coe	617.373.2154
College of Science 115 Richards	northeastern.edu/cos	617.373.5085
College of Social Sciences and Humanities 180 Renaissance Park	northeastern.edu/cssh	617.373.3980
D'Amore-McKim School of Business 250 Dodge Hall	damore-mckim.northeastern.edu	617.373.3270
Explore Program for Undeclared Students 1 Meserve Hall	northeastern.edu/undeclared	617.373.2306

THE N.U.*in* PROGRAM STAFF

Spending a semester abroad is an exciting and rewarding opportunity, and The N.U.*in* Program is committed to maintaining an academically challenging, healthy, safe and fun environment for all students. As part of this commitment, Northeastern provides staff members at each location who accompany and provide on-site support to students, 24 hours a day, 7 days a week.

Each location has:

- Site Lead
- Assistant Site Lead depending on student numbers
- Assistant Director based in Boston
- International Student Advisors (ISAs)

Site Leads and Assistant Site Leads all hold advanced degrees, and have experience in the student affairs and international education fields. ISAs are either current Northeastern students on co-op, or recent graduates of Northeastern. Together, this team can respond to a range of concerns and serve as a resource to participants on-site and family members at home. Email addresses for our Site Leads will be made available via email before departure.

Each team also has an Assistant Director who is Boston-based. This person coordinates the planning with our international partners prior to enrollment and departure, works with students and parents during the pre-departure process, and communicates with site staff on a daily basis while participants are abroad. Assistant Directors are also a resource for parents and families throughout the fall semester, and are available to answer questions or concerns via email, phone or in the Facebook Group.

Boston-based Staff

Director: Lauren Kettler

Associate Directors: Quinn Emmons, International Programs
Benjamin Floman, Academic Administration

Senior Assistant Director: Grant Dauber (Greece and Italy)

Assistant Directors: Kate Berge (Ireland: UCD, Ireland: FIE @ DBS and England)
Laura Brond (Canada, Australia: SUT and Australia: USYD)
Sarah Knight (China and Germany)

Assistant Director of Staff Hiring and Training: Tom Johnston

Program Coordinators: Paola Santana and Tiffany Medeiros

STUDENT VISA

Student Visa for Canada

All N.U.*in* students need a passport, which must be valid for at least six months beyond the student's scheduled program end date.

All participants will be issued a confirmation of registration ("Letter of Invitation") by McGill University. To successfully cross the border, students will need this document along with their passport, proof of access to sufficient funds, and their flight itinerary. Students under the age of 18 will need additional documents as well, and should refer to the visa guide on the N.U.*in* website and the Canadian immigration website for details. Please visit our website to learn more about the visa process, and for a visa guide.

Non US citizens may require a Temporary Resident Visa to participate in this program. Please visit our website for more information about this process and to determine if you will need a visa. Please verify admissibility with the Canadian Immigration Center to verify the right of entry into Canada.

As of March 15, 2017, visa-exempt foreign nationals who fly to or transit through Canada are expected to have an Electronic Travel Authorization (eTA). Exceptions include U.S. citizens and travelers with a valid Canadian visa. Students are responsible for obtaining a valid visa, if applicable, prior to the program start date. If they cannot obtain a valid visa in time, then please refer to the N.U.*in* Withdrawal Policy and contact the N.U.*in* office to discuss next steps. For more information, please visit our website.

It is the student's responsibility to obtain an appropriate visa, if necessary. If you cannot obtain a valid visa in time for the program start date, then please refer to the N.U.*in* Withdrawal Policy (found in the myNEU student portal) and contact the N.U.*in* office to discuss next steps.

F-1 Student Visa for the US (International Students only)

All international N.U.*in* students must apply for a nonimmigrant student visa at a US Embassy or Consulate to start their Spring semester in the US at Northeastern University. For information regarding the requirements for an F-1 Student Visa, please contact your nearest Embassy or Consulate directly.

International students receive an information sheet detailing the application process for a student (F-1) visa with their admissions letter. The first step requires international students to submit certain paperwork, including the I-20 Request Form to Northeastern.

Once students submit the required documentation, they will then receive their I-20. Students must have their F-1 visa and be prepared to arrive to campus in Boston by early January.

The Office of Global Services (OGS)

The OGS at Northeastern supports international students as they prepare to arrive to campus, and while they are studying in Boston. Students with questions about I-20s or F-1 Student Visas should contact the OGS directly for guidance:

ph: 617.373.2310
email: ogs@northeastern.edu

General Tips for Packing

- Remove anything that could be perceived as threatening or suspicious at a security checkpoint.
- Avoid over-packing so that all luggage and checked bags can be opened and closed with ease.
- Check with your airline prior to departure for any updates regarding luggage allowances.
- Take a few personal items that will help remind you of home (e.g. pictures, room decor, or anything that you have an emotional tie with).
- Montréal has a snowy climate; pack winter apparel!
- Depending on travel methods students may bring additional supplies (e.g. kitchen ware). Please refer to page 14 for amenities included in residence hall.

Pack for the Weather!

Students are encouraged to bring raincoats, an umbrella, and appropriate shoes for wet weather. We recommend bringing clothes that can be layered and mixed and matched, since the weather will vary greatly. The average temperatures in Montreal are:

September | Low: 48°F/8.8°C | High: 73°F/22°C
October | Low: 39°F/3.8°C | High: 57°F/13.8 °C
November | Low: 28°F/-2.2 °C | High: 46°F/7.7 °C
December | Low: 12°F/-11 °C | High: 32°F/0 °C

Pack Lightly!

- Remember, **WHATEVER YOU PACK, YOU WILL HAVE TO CARRY**. Be conscious of the weight of your bags, since transporting them around the world on planes, trains, and buses will be difficult if you over-pack.
- Put everything you plan to pack on your bed. Then, pack **HALF** of that amount. Most students say they brought about twice as much clothing as they needed!
- Bring mostly clothes that are machine washable. Dry cleaning may be expensive. Dark clothing will not show wear as quickly.
- In most cases, it may be better to purchase toiletries and appliances (hair dryers and straighteners) once you are in Montréal.

Adapter

An adapter is a device that allows all appliances to be plugged into North American outlets. They can be purchased at any electronics store for about \$5. Electronic goods purchased in the U.S. will work in Canadian outlets.

Voltage Converter

The electricity supply in Canada is 110 volts alternating at a frequency of 60 Hertz, the same as in the United States. Some electrical appliances will require a converter. We strongly recommend that participants purchase items like hair straighteners in Canada to ensure compatibility.

Use the below list as a guideline to **pick and choose what is essential for you.**

Clothing

- Water resistant footwear
- Sturdy hiking/walking shoes
- Pair of flip-flops
- Socks
- Underwear
- Shorts
- Swimsuit
- Hat
- Professional outfit (a nice pair of pants/skirt; nice button-down top or blouse)
- Dressy outfit
- Skirts/pants
- Shirts
- Scarves and gloves
- Sweaters/sweatshirts
- Jackets/coats (one for cold weather, one water resistant)
- Sleepwear
- Athletic wear/ gear (for intramural sports, exercising etc.)

Miscellaneous

- Laptop/charger
- Adapter and voltage converter
- Journal
- Camera
- Unlocked phone (or purchase one on arrival –all students need to obtain a local phone number)
- Books/ e-readers, travel guides
- Water bottle
- Duffle bag/backpack (for weekend trips)
- Towel/washcloth
- Scientific calculator (only applicable to certain majors)
- (Optional)-small amount of local currency (\$50-\$100)

Documents

*Please refer to the website for the most up-to-date packing list

- Passport
- Visa documents (if applicable)
- Flight itinerary (boarding pass will be issued directly to the participants by the airline at the airport)
- Photo ID
- Copies of all credit/debit cards, passport and visa (and leave copies at home)
- Offer letter from host institution
- Health insurance card/ documentation

Medicine and Toiletries

- Prescription Medicine
 - (make sure you can travel internationally with your prescription; verify what documentation you need to legally transport your prescription)
 - Consult with your doctor about obtaining a supply of all medications for the duration of the program
- Comb/brush
- Travel sized toiletries, cosmetics (recommended to purchase large bottles of sunscreen, shampoo etc. while abroad)
- Deodorant
- Over- the- counter medicine (e.g. Aspirin/Tylenol/Ibuprofen)
- Feminine hygiene products
- Razors/ nail clippers
- Extra eyeglasses and sunglasses
- Contact lenses and solution

Notes

GROUP FLIGHT

Pre-departure

Participants on the Group Flight must check their email for an important Departure Information communication that will include all details for the day of travel, including phone numbers to call in case of a travel delay or emergency. To ensure the safety of everyone, both students traveling on the Group Flight and those traveling independently must provide N.U.in with the details of their itinerary, including any and all connecting flights. Students will receive an email prompting them to provide these flight details prior to departure.

Travel to Canada

Participants travel independently from their home cities to join the Group Flights out of Boston and New York, where they check-in with N.U.in staff at the appropriate ticket counter, outside of security at least 3 hours before the Group Flight departure. Students then travel on the Group Flight together, and N.U.in site staff greet them in the airport in Montréal, Canada. Buses will be waiting to take students directly to their student residence halls.

We ask that participants wear their N.U.in t-shirt for identification purposes in the airport in the United States and Canada.



Departure from Canada

On the last day of the program, buses will be arranged to bring participants on the Group Flight to the airport from the residence hall. From there, students will go through security together and travel as a group back to the US. Students may depart for home, or travel elsewhere, once all finals and academic requirements have been completed.

ADVANTAGE TRAVEL OF CNY, INC.

The N.U.in Program works with Advantage Travel to arrange the Group Flight option for students. Once forms have been filled out, and Group Flights are booked, students who need to arrange any changes to their flights or itineraries should contact Advantage Travel directly.

Nettleton Commons
313 East Willow Street, Suite 104
Syracuse, New York 13203

Phone: (315) 471-2222; (800) 788-1980
Fax: (315) 471-6264

Hours: 9:00 a.m. - 3:00 p.m. Monday-Friday
Closed: Weekends & Major Holidays

INDEPENDENT TRAVELERS

Pre-departure

Any participant who chooses to fly to Montréal separately from the Group Flight books his/her own flights, and will receive a credit on their fall bill equal to the cost of one Group Flight airline ticket.

Just like participants on the Group Flight, independent travelers must check their email for an important Departure Information communication that will include all details for the day of travel, including phone numbers to call in case of a travel delay or emergency. To ensure the safety of everyone, both students traveling on the Group Flight and those traveling independently must provide N.U.in with the details of their itinerary, including any and all connecting flights. Students will receive an email prompting them to provide these flight details prior to departure.



Photo courtesy McGill Communications and External Relations

Travel to Canada

Participants travel independently from their home cities to Montréal, and must arrive on site by August 27, 2017. If an independent traveler's flight arrives to Montréal around the same time as the Group Flight, he/she may utilize the buses set up for those students. Otherwise, independent travelers must arrange their own transportation to their residence hall. Please note the residence hall address below:

Evo Centre-ville
420 Sherbrooke West
Montréal, QC

Departure from Canada

On the last day of the program, buses will be arranged to bring participants to the airport from the residence hall. If an independent traveler's flight is departing on or around the same time as the Group Flight, he/she may utilize these buses to get to the airport. Otherwise, independent travelers are responsible for their own transportation to the airport.

ABOUT MONTRÉAL

Location & Time Zone

Montréal is a cosmopolitan city with a population of 1.5 million, the largest city in the province of Québec, the second-largest city in Canada, and the 9th-largest city in North America. It is within the EST (Eastern Time Zone), which is the same time zone as Boston and the eastern United States.

Climate & Weather

Montréal has a reputation for its changeable weather. A tip for any visitor is to be prepared for anything – take an umbrella and wear layers that can be added or removed as needed.

Montréal has a snowy climate and as such, students should pack appropriate and warm winter apparel.

Public Transportation

The Evo student residence hall is conveniently situated next to McGill University and a short walk from multiple public transportation stations. Around the residence hall, there is also a bustling area with stores, cafés and entertainment.

Montréal is connected via the Société de transport de Montréal (STM) which operates the buses and metro system. Students are able to purchase low-cost tickets and fare cards at metro stations, some convenience stores (dépanneurs), grocery stores, and pharmacies.



Photo courtesy McGill Communications and External Relations

Money & Banking

Canada's currency is the Canadian Dollar (CAD). Current rates of conversion can be found on an array of different websites (e.g. Oanda, Google).

Participants are not encouraged to open a Canadian bank account while abroad. We recommend using an ATM card to withdraw money. Visa and Mastercard are the most widely accepted credit cards in Canada. Students should notify their bank and creditors that they will be studying in Montréal prior to their arrival to ensure that the bank does not enact fraud procedures and deactivate or lock the student's bank cards. Credit cards should be used wisely though, as foreign transaction fees can add up quickly. We recommend that participants conduct research prior to departure to better understand how their bank cards will work abroad. Certain credit cards do not have foreign transaction fees, and some banks have partnerships abroad to allow for withdrawals to be done without a fee.

Cultural Overview

In addition to being one of the world's largest French-speaking cities, Montréal is also a melting pot of cultures from all over the world, as seen by its mosaic of ethnic neighborhoods and the diversity of its restaurants. The city is known for its food scene and actually has the highest concentration of eateries on the continent—nearly 65 restaurants per square kilometer. From iconic Montréal dishes such as poutine and sweet maple taffy to Lebanese Shish kebab and Vietnamese Pho Bo, Montréal is sure to have something for every palate.

McGill University's campus is set at the foot of Mont Royal, which boasts beautiful trails for walking or cross-country skiing and has one of the best views overlooking the city and river below. It is also adjacent to one of Montreal's most popular neighborhoods, Le Plateau, where you can stroll charming, tree-lined streets, shop at trendy boutiques, and grab a bite to eat alfresco.

Montréal is also known for being an active city with an immense bike path network that extends over 350 kilometers, dozens of parks, and the Saint Lawrence River, popular for kayaking and even surfing. It is also home to the Montréal Canadiens, an NHL hockey team and has hosted many world-renowned sporting events, such as the 1976 Summer Olympics.

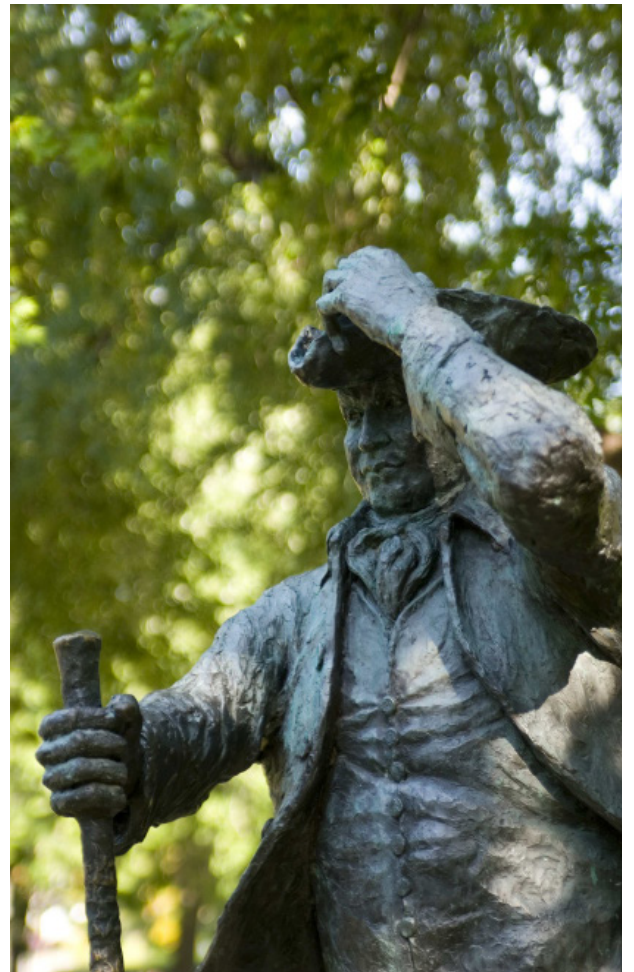


Photo courtesy McGill Communications and External Relations

MCGILL UNIVERSITY

About McGill University

Established in 1821, McGill University is the oldest university in Canada and one of the top institutions for higher education in the world. McGill's tradition for excellence has landed it many accomplishments. N.U.*in* Canada students join the 220,000 other students in Montréal, ranked 8th most student-friendly city in the world. Located in the city center, McGill enjoys the conveniences of the city in a campus setting.



Photo courtesy McGill Communications and External Relations

Centre-Ville Area

N.U.*in* students take classes and live in downtown Montréal, known locally as Centre-Ville. Centre-Ville offers many shops, cafes, and restaurants, alongside necessities such as grocery stores and pharmacies. This student-friendly area is the perfect setting for studying and relaxing, with such famous landmarks as Mont Royal located just steps away.

Campus Buildings & Resources

McGill's campus offers access to top-tier libraries, the student health center, recreation fitness facilities, wireless internet, and a wide range of student organizations and activities.

EVO CENTRE-VILLE STUDENT RESIDENCE

Overview

N.U.*in* students live in the Evo Centre-Ville Student Residence, located next to McGill's campus. Students are housed in double rooms with other N.U.*in* participants. Each bedroom is equipped with a bed, desk, dresser, and closet. Each room has a private bathroom and students have access to a common kitchen in the building.

N.U.*in* students will have access to the following amenities as a resident at Evo:

- Linen pack
- Cleaning service every two weeks
- Microwave and small fridge per room
- Kitchen in the building (students must provide their own cutlery, dishes, and cooking equipment)

Evo Mailing Address

Ms. Alessandra Porcari
c/o [Student Name]
420 Rue Sherbrooke Ouest
Montréal, QC H3A 1B4





Common areas

There are common areas available to all residents of Evo such as the laundry facility, restaurant, pool, exercise room, game room, study room and student lounges.

Laundry

Laundry facilities are on site at a cost of \$1.75 per wash, \$1.50 per dry.

Roommate Placement

N.U.*in* Canada students will live with one other N.U.*in* student in Evo. Students receive their roommate assignments once they arrive in Montréal. We encourage students to develop adaptability skills and to broaden their social network as much as possible, and as such, we are not able to accommodate roommate requests.

Living with roommates can certainly be an adjustment for some students. Students can prevent conflict by being proactive with their communication. Keep in mind that the N.U.*in* on-site staff is available to students who are seeking advice about how to handle a roommate conflict.

PROGRAMMING & EXCURSIONS

Programming

The N.U.*in* Program aims to foster the development of a tightly-knit community. One avenue for community-building is programming, planned by both McGill and N.U.*in* staff. Our International Student Advisors (ISAs) are involved in planning weekly free or low-cost activities to encourage students to come together for some fun and to get to know each other.

Programs cover a variety of topics, including, but not limited to, local culture/events, academics, health and safety, and transition to Northeastern. Students will also have the opportunity to get to know McGill students through participation in McGill Clubs and Special Interest Groups. Some examples from past years across the program include:

- “Family” dinners around the city
- Outings to local parks
- Halloween costume party
- Iron Chef
- N.U.*in* Husky Day
- Postcards from Montréal

Excursions

Also included in the program fee are several excursions which take place throughout the semester. In Canada, students will have the chance to discover different areas around Montréal, and spend time in other parts of Canada. Dates will be confirmed once students are on site. The following are examples and are subject to change:

McGill-sponsored excursions:

- Excursion to Ottawa
- Excursion to Québec City

N.U.*in* staff accompany participants on all sponsored excursions, and all transportation is pre-planned and included. If an excursion is part of a course, students are required to attend. If an excursion is planned outside of academics, they are not mandatory. However, please understand that they are included in the cost of the program, and monetary credits cannot be issued to participants who do not attend.



STAYING IN TOUCH WITH HOME

Staying in Touch

Keeping in touch with family and friends back home can be difficult at times with the hustle and bustle of classes, adjusting to a new country, and the myriad activities and adventures that can be had while abroad. Past N.U.*in* students have suggested that it is best to set up a schedule for calling home to check in every week. Frequency of check-ins, of course, can vary depending on students' schedules, but having a set time can make time differences much easier and less stressful to handle.

By far the least expensive way to stay in touch with family and friends back at home is over the Internet. There are choices of instant messaging services that allow voice chat (such as Whatsapp messenger), or voice over IP phone programs such as Skype or Vonage, which allow you to video chat for free or call directly to a phone for a small per-minute fee. For an annual fee, you can purchase a local US number, allowing family and friends at home to call and pay what they would to call an area code in the US. Calls are received through a computer and voicemails can be left with this service. The person at the other end also has to be connected and running the same program (i.e. calls are best scheduled ahead of time).

Cell Phones

For safety reasons and for ease of communication, participants are **required** to have a working cell phone with a local number for use in their host countries for the duration of their time abroad. Phones must be acquired and working within a week of arriving on-site. During on-site orientation, students typically have a chance to learn more about phone plans and purchase a phone. Participants should research, ahead of time, the mobile phone options available to them during their time abroad.

Since participants will only be in Canada for 4 months, pay-as-you-go phones are typically the most economical option. Students can choose to purchase a new cell phone with texting and email, depending upon budgetary limitations. Alternatively, students can utilize their existing phone by unlocking it prior to departure and purchasing a SIM card once in country to obtain a Canadian phone number. We recommend speaking with your existing wireless carrier to discuss what options may exist for global calling, or if your phone can be used with a SIM card while abroad.

While The N.U.*in* Program does not endorse any particular cell phone plan or company, the following companies are popular in Canada. We recommend researching each of these thoroughly online before selecting a plan and carrier.

- Telus
- Bell Mobility
- Rogers Wireless

CULTURE SHOCK

As a visitor from another country, you may experience culture shock at some point during your N.U.*in* experience. Culture shock is defined as the lack of direction, the feeling of not knowing what to do or how to do things in a new environment, and not knowing what is appropriate or inappropriate. The feeling of culture shock generally sets in after the first few weeks of arriving to a new place. Some students experience all of these symptoms, while others may not encounter any feelings of culture shock. Generally, most students will fall somewhere between the extremes.

Symptoms of Culture Shock

- Comparisons and unwarranted criticism of the new culture and people
- Constant complaints about the climate
- Heightened irritability
- Preoccupation with returning home
- Continual offering of excuses for staying indoors
- Utopian ideas concerning one's previous culture
- Continuous concern about the purity of water and food
- Refusal to learn the language
- Preoccupation about being robbed or cheated
- Pressing desire to talk with people who "really make sense."

Dealing With Culture Shock

These are a few strategies that participants can implement to help cope with the stress of culture shock. Remember, these are easier said than done, so students will really need to push themselves to act on the following.

- Realize that this is a normal process.
- Don't be quick to judge – keep an open mind.
- Set some personal goals and evaluate your progress.
- Get involved in activities or find a hobby.
- Talk to your Site Lead, Assistant Site Lead(s), or ISAs – they can help!
- Make an appointment to see an on-site mental health professional.
- Ask questions.
- Exercise.
- Be patient and don't compare.
- Don't take yourself too seriously.
- Treat yourself to your "must haves" from a specialty market.
- Allow yourself to feel sad about the things that you have left behind: your family, your friends, etc.
- Find ways to live with the things that don't satisfy you 100%.

OVERVIEW

Compatible Colleges

College of Arts, Media and Design | College of Social Sciences and Humanities | D'Amore-McKim School of Business | Explore Program for Undeclared Students

Courses

- 4 McGill Courses
- 17-19 Northeastern credits for a successfully completed semester
- 1 Northeastern Course titled The Global Experience
- Courses fulfill NU Core, Major, and Elective Requirements

FALL 2017 & SPRING 2018 COURSE REGISTRATION

Fall 2017 Course Registration

Participants should have already registered for courses online through their myNEU portals. Schedules (with days and times) will be available to students upon arrival on-site.

Fall 2017 Course Changes

After May 20, our partners begin to prepare their resources and have a number of elements to consider, including classroom space, number of sections for each course, scheduling, availability of faculty, etc. Before any changes are made on-site to a student's schedule, The N.U.*in* Program and Northeastern Advisors must confirm and approve any changes. Students who receive AP/IB/other college credit can have their schedules adjusted by their academic advisors only.

Spring 2018

Registration for spring classes takes place in early- to mid-November. **The registration process is different for each college.** When processing course registration, advisors have access to current N.U.*in* course information and any AP, IB, or transfer credit completed during high school through college courses or examinations. Depending upon the flexibility of their major's curriculum, students may be pre-registered for all, or just a few, courses during the month of November by their advisors. Northeastern college advisors will contact students via email regarding course selection and any college-specific protocols in October.

All students meet with their academic advisors during Spring New Student Orientation in January to finalize their schedules and to rectify any concerns. If students have additional questions they may contact their college directly. Contact information for academic advisors can be found on the N.U.*in* website.

Students should also consider the N.U.*in* staff as a resource during the registration period. They can be especially helpful to those students who are not pre-registered for all of their spring courses, and may need to register for courses using Northeastern's online system.

CANADIAN ACADEMIC ENVIRONMENT & STRUCTURE

General Information

McGill University operates 13 week semesters, followed by a 2 week final exam period. Most classes have 3 hours of contact per week with additional 1 contact-hour tutorials.

Academic Environment & Etiquette

The overall environment is generally similar to that of a US college classroom. McGill's academics are quite rigorous and students can expect to do 2 hours of work at home for every 1 hour in class. Faculty and students often have a friendly working relationship when expectations are met on both ends.

Some classes will be with locals, while others will be primarily N.U.*in* students. Participation is valued, and required, in most classes. Remember that as international students, you have a different outlook, and your specific cultural expertise is highly valued. Most lecturers and tutors like interaction, and are willing to be challenged.

Studying

When it comes to classes, preparation counts for a lot. Lectures are usually designed to provide broad overviews and key concepts, with readings included to offer more detailed coverage. Tutorials, seminars, and labs allow students to test ideas or practice skills learned in lectures and through independent study.

Exams & Success

Assessment (tests) tends to be continuous rather than based on mid-terms/finals only, though some classes do weigh exams more heavily. Academic integrity is especially important, and any form of cheating or plagiarism will not be tolerated.

To be successful, participants should attend all classes and tutorials (email your lecturer if you are unable to attend because of illness), keep up with the readings and homework, and hand in all assignments on time. One of the most common mistakes students make is not asking for help when it is needed. Resources are available for students who need assistance, but they must seek out tutoring or extra support.



RESOURCES & ACCESSING THE NORTHEASTERN LIBRARY

Seeking Assistance

McGill offers a wide range of services to help students who need tutoring or additional support, however students must first seek out these resources. Contact information and resources will be provided in the Welcome Booklet and discussed during Orientation. Students may speak to their lecturer or an N.U.*in* staff member to discuss any issues that they may be having academically. At the midpoint of the semester, each student will sit down with either the Site Lead or an Assistant Site Lead for an individualized check-in meeting. These meetings are used to identify how students are adjusting culturally, as well as academically, and can be a good opportunity for students to reach out for assistance before beginning the second half of the semester.

Academic Resources

N.U.*in* Canada students are encouraged to reach out to their instructors and/or Teaching Assistant with questions during published tutoring hours. Should students require further assistance, they may be referred to the McGill Tutorial Service.

The Tutorial Service is a peer tutoring service that matches a request for academic assistance with a qualified student tutor. Students wishing to hire a tutor will use the online request form via their McGill Web System. Each hour costs between \$15-30 CAD, paid directly to the tutor.

Tutors may be used to:

- Clarify course content
- Assist with exam preparation
- Provide advice on study skills

Each term, the Tutorial Service may also offer free weekly open tutor sessions for certain courses, including Calculus. Please refer to their website for the most recent information.

Accessing the Northeastern Library

N.U.*in* students may utilize the electronic resources available through the Northeastern University Library by accessing <http://www.library.neu.edu>. Additionally, as McGill students, N.U.*in* students will have access to McGill libraries and online resources.

Learning Disabilities

McGill is committed to increasing and enhancing practices and educational opportunities for students with disabilities. Any participant requiring accommodations must provide documentation to the N.U.*in* office prior to departure. The N.U.*in* office will liaise with the student and McGill, but students should work with the Office of Students with Disabilities and also speak to their professors individually to alert them of their necessary accommodations.

THE GLOBAL EXPERIENCE COURSE

Overview

The Global Experience (GE) course is taught by each location's N.U.in site staff (Site Leads and Assistant Site Leads). All participants at all locations take this class, making it the main unifying element of The N.U.in Program.

Course Description

The main aim of this course is to help participants prepare for, gain from, and reflect upon their term abroad as a global experience. Through workshops, seminars, course readings, discussions, and local civic engagement, the course challenges students to become global citizens and ambassadors by actively participating in their own learning community as well as in the greater study abroad community, Northeastern, and beyond. Ongoing reflection helps students articulate their own experiences, respond to the experiences of others, and ultimately make connections between the two.

Digital Storytelling Project

The final project in The Global Experience is a reflection video, created by students to look back upon their time in their host countries as well as their experiences with Service-Learning.

SERVICE-LEARNING

Service-Learning Placements

N.U.in Canada students engage in ongoing Service-Learning placements as part of the Global Experience course. This is a major, required component of the GE course and is often the central topic of class discussions and assignments. Having this exciting component built into their schedules enables students to build relationships with their respective organizations, engage in meaningful service, and see a different side of Canadian culture by further integrating into the local Montréal community. Simultaneously, participants develop professional skills that they can apply to future courses, co-ops, jobs, and study abroad experiences.

N.U.in Canada students will participate in weekly individual service commitments.

What is Service-Learning?

Service-Learning differs from traditional volunteerism in that the volunteering is ongoing, tied to the academic curriculum, and paired with purposeful reflection. In this form of experiential learning, students engage in hands-on service roles, through which they learn about and apply course concepts while intentionally addressing the needs identified by community-based partners.

SERVICE-LEARNING

Service-Learning placements provide students with some of the following skills:

- Activity planning/implementation
- Communication
- Facilitation and initiative
- Marketing
- Public speaking

Participants are assigned to their Service-Learning organization once they arrive in Montréal.

TEXTBOOKS

A textbook list will be provided to students during their first class at McGill as part of their syllabi. McGill University has a bookstore on campus where students may purchase required textbooks and course material.

GRADING & TRANSCRIPTS

Grades received from McGill will look very different when compared to what students may be used to seeing. The chart on the next page provides more details on the McGill grading scale that will be used.

Official transcripts for The N.U.*in* Program are issued by our partner institutions, and will be mailed to the N.U.*in* Program office in Boston after completion of the fall semester. They will be distributed at a set time and place, and then will be available for pick-up from our office. In order to receive transfer credit, participants must attain a grade of “C” or better according to the chart on the following page.

In accordance with Northeastern’s transfer credit policies, participants’ final grades will not appear on their Northeastern transcripts or count toward their GPAs. Each student’s Northeastern degree audit and official transcript will only reflect that he or she has received credit for a course, but not the grade itself. However, if a student decides to transfer to a different school or applies for further educational opportunities or scholarships, official transcripts from all institutions attended will typically be requested.

McGill University Grading Scale

Grades	Grade Points	Numerical Scale of Grades
A	4.0	85-100%
A-	3.7	80-84%
B+	3.3	75-79%
B	3.0	70-74%
B-	2.7	65-69%
C+	2.3	60-64%
C	2.0	55-59%
D	1.0	50-54%
F (Fail)	0	0-49%

GENERAL SAFETY INFORMATION

Just as in any city, it is important for students to take precautions, be mindful of their surroundings, and follow basic safety principles.

- Walk along well-lit areas and avoid alleys or poorly-lit areas.
- Use the buddy system and do not travel alone at night.
- Avoid public demonstrations, riots, and other civil disturbances.
- Keep a low profile, and avoid loud conversations or arguments.
- Do not discuss travel plans or other personal matters with strangers.
- Wear the shoulder strap of your bag across your chest.
- Look purposeful when moving about. Even if lost, act as if you know where you are going.
- Try to ask for directions only from individuals in authority (police officer, train operator, etc.).
- Make a note of emergency telephone numbers: the N.U.*in* staff, police, fire, hotel (if traveling), and the nearest US embassy or consulate.
- Carry only a few items such as 1 ID card and 1 credit card (Visa or Mastercard), and never carry more than \$100 CAD.

Registering Your Travel Plans

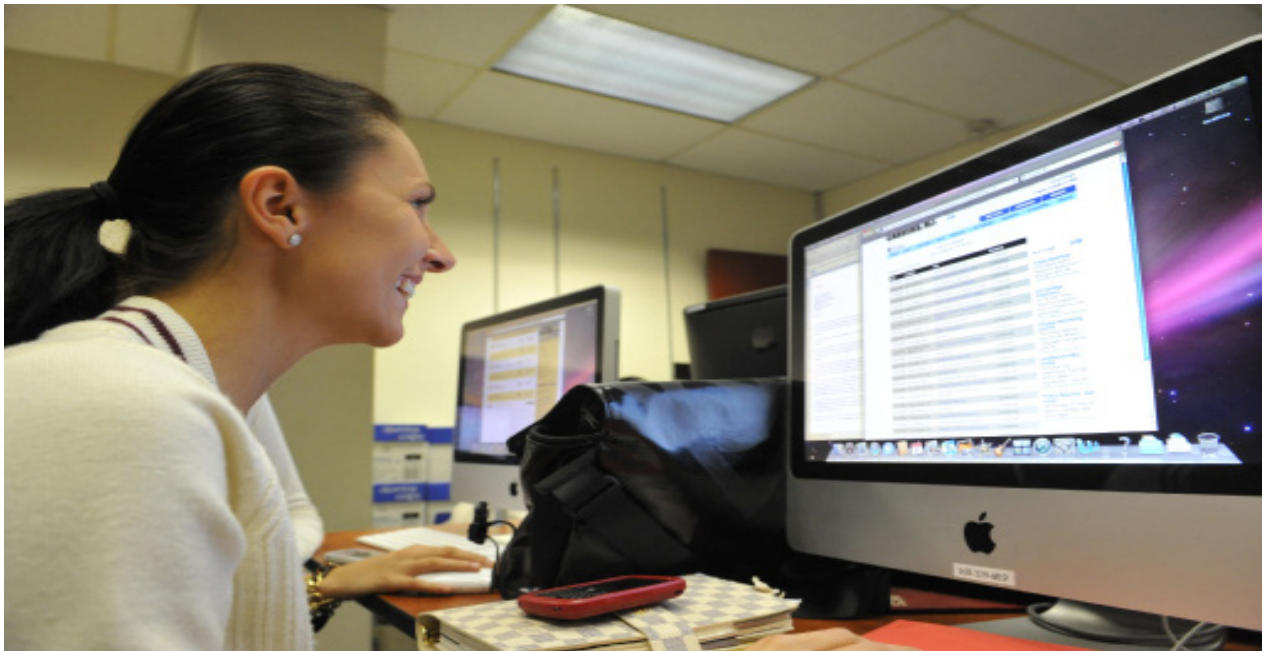
As an added layer of protection, students may register their travel plans with the greater Northeastern community and the US Department of State, and WorldAware.

Registering Travel & Downloading the WorldCue Mobile App

- The University's International Safety Office and N.U.*in* will enter the program dates, accommodations, and group flight information into the University's travel registry system (iJET WorldCUE) for all program participants.
- N.U.*in* participants will receive a confirmation email from WorldcueTraveler@ijet.com that provides instructions to activate the user account and download the WorldCue Mobile App.
- Participants must verify the accuracy of travel details and update personal information.
- N.U.*in* participants who obtain approval to deviate from the program (for example, a weekend trip away from the program site) must register the travel details by logging into their user account at www.traveler.worldcue.com or by visiting "My Travel Plans" in the MyNEU portal.
- For travel registration instructions and information about the mobile app, visit www.northeastern.edu/international-travel/registry/
- If you have any questions, please email mytravelplans@northeastern.edu

Register for Smart Traveler Enrollment Program (STEP) with US Department of State

- Visit the US Embassy Website: <https://travelregistration.state.gov>
- Create an account by clicking “If not, click here to create an account” (underneath the log in)
- Once you have an individual account, follow the steps to fill out the required information:
 - ◇ Address to use while in Canada: 420 Rue Sherbrooke Ouest
Montréal, QC H3A 1B4
 - ◇ Dates of Program: August 27, 2017 - December 22, 2017



Travel Information Form

The N.U.*in* Program would like to collect travel information for all participants. Whether you are traveling to your N.U.*in* location on the Group Flight, or you are traveling independently, we would appreciate your cooperation in providing us with your travel plans.

MEDICAL FACILITIES

McGill has a private clinic located on campus with general practitioners and nurses who are available during normal operating hours. The McGill Student Health Service can provide first aid, medical consultations, health counseling, health promotion and health information. For urgent cases, students may visit the walk-in clinic where appointments are offered on a first come, first served basis. For non-urgent cases, students are encouraged to make an appointment by phone or online. If students need further, or more emergent care, there are clinics off-campus that students may visit, if necessary.

McGill Student Health Service clinic

Brown Student Services Building, 3rd floor
3600 McTavish

Ph: 514-398-6017

Website: www.mcgill.ca/studenthealth

Hours of Operation: 8:30 a.m. - 4:30 p.m.

Nearby hospital to McGill campus:

Montréal General Hospital
650 Cedar Avenue

Ph: 514-934-1934

Packing Prescriptions

Please note that not all medications may be available in Canada. If possible, arrangements should be made for bringing an entire semester's worth of medication or for shipping medications to the student throughout the duration of the semester. WorldAware can be a very useful resource for questions about prescription medication, availability, and restrictions.

Ensure that a doctor's note/prescription accompanies any controlled substances. Additionally, please pack prescription medications in carry-on luggage in their original containers.

HEALTH INSURANCE & WORLDWARE

Health Insurance

All N.U.*in* Canada students are required to maintain health insurance, and are covered by the McGill International Health Insurance Plan, an authorized provider of health coverage for international students. The cost for this health coverage is included in the N.U.*in* program fee.

The insurance company (Blue Cross) reimburses students' medical expenses according to the Québec rate: if students use a public hospital or the McGill Health Clinic, Blue Cross will reimburse that expense. If students use a private clinic or off-campus clinic, the rates may be higher and students will not get a full reimbursement.

Students with pre-existing conditions should carefully review the Blue Cross Handbook as there are limits on insurance coverage.

WorldAware

WorldAware provides students with access to worldwide, quality health care, travel warnings, and emergency assistance services 24-hours a day. This can include access to logistics coordinators, doctors, security professionals, and network providers like hospitals, physicians, ambulances, and aviation resources. Membership provides students with pre-travel information and advice, rapid response, and emergency help, and evacuation capabilities.

All N.U.*in* students are automatically enrolled in WorldAware, and will receive an email with information on how to access the mobile application. They are also automatically granted access to the risk managed travel website. They may contact WorldAware at the following number specific to Northeastern University members: **+1.312.470.3108**.

Before departure, to prepare:

- Access accurate, updated information on the WorldAware mobile application.
- Visit the risk managed travel website or call the WorldAware operations center for pre-travel information (e.g. vaccination, required medications, and travel security concerns).

While abroad, stay healthy, safe and secure. Contact WorldAware for:

- Health, safety and security advice
- Access to speak with an experienced, Western-trained doctor or security specialist
- Assistance finding a local doctor or other provider credentialed by their medical staff
- Information regarding prescription medication or medical equipment
- Assistance due to the loss of travel documents or legal advice

In an emergency, call WorldAware immediately to:

- Arrange for medical transportation or care.
- Coordinate medical fees, when approved (note: WorldAware may front costs for medical care while your personal insurance is pending, but as it is not an insurance provider it will not cover any costs).
- Monitor local conditions and receive advice.
- Evacuate to a center of medical excellence if local care is inadequate.
- Provide help if one's personal safety is at risk.
- Contact family members whom the participants indicate are emergency points of contact.

Access WorldAware Mobile Application

- All participants are automatically enrolled in WorldAware and will receive an email with information on how to access the mobile application.
- Search "WorldAware" on your mobile phone application store to download.
- Save the number to contact WorldAware, specific to Northeastern University: +1.312.470.3108.
- <http://www.northeastern.edu/international-travel/assistance-while-abroad/>

NORTHEASTERN CODE OF STUDENT CONDUCT & N.U.*in* SUPPLEMENT

The Northeastern Code of Student Conduct

The purpose of the Code of Conduct is to set expectations of behavior that promote the safety and welfare of the Northeastern University community. The University seeks to provide a supportive environment that is conducive to learning, the pursuit of truth, the exchange of knowledge, the intellectual development of students, and the general good of society. In those instances where violations of the behavioral expectations occur, Northeastern University has developed policies and procedures to protect the rights of members of the University community, individually and collectively.

The N.U.*in* Supplement

This supplemental guide establishes the guidelines and processes specific to The N.U.*in* Program, as they may differ from or incorporate the Northeastern University Code of Student Conduct.

As a participant in The N.U.*in* Program, you are responsible for adhering to the rules and regulations published in Northeastern University's Code of Student Conduct, the policies of your partner institution or educational partner, and the guidelines set forth and/or referenced in the supplemental guide, as may be amended from time to time. Behavior by participants at any time during The N.U.*in* Program that is found in violation of the Code of Student Conduct, this supplemental guide, partner institution conduct policies, local, state, federal law or laws of the host country could adversely affect the educational mission of N.U.*in* and Northeastern University or its relationship with the surrounding international community and may subject participants to discipline.

The N.U.*in* Program seeks to provide participants with an opportunity to have an early study abroad experience, increase their intercultural competency, and form a supportive community that facilitates the transition from high school to college, with the opportunity to earn academic credit. In addition, The N.U.*in* Program strives to provide participants with a healthy, supportive and welcoming community. In those instances where violations of the behavioral expectations set forth in the aforementioned documents occur, The N.U.*in* Program and Northeastern University have developed procedures to address the violations, with the goal of serving the interests of members of the community, individually, and collectively.

The N.U.*in* Program site staff will administratively handle alleged violations that occur at an N.U.*in* site and involve an N.U.*in* participant. The Office of Student Conduct and Conflict Resolution, in collaboration with the NU Global Office and Northeastern University Admissions, will handle alleged violations that occur at an N.U.*in* site, involve an N.U.*in* participant, and could involve withdrawal and/or dismissal from The N.U.*in* Program or withdrawal from The N.U.*in* Program and/or rescission of admission to Northeastern University.

Find both of these documents on our website: northeastern.edu/nuin/getting-started/policies-conduct

EMERGENCY PROTOCOL

On-cal & Staff Availability

The first point of contact for participants is always the *N.U.in* staff. International Student Advisors (ISAs) live within the same building as the students, and serve in a similar capacity as Resident Assistants (RAs) in Northeastern residence halls. Additional staff may be provided by our partner institutions to assist within the residence halls or with cultural adjustment and understanding. Students should feel comfortable approaching our staff, and asking for assistance or advice at any time.

One ISA and one professional staff member (Site Lead or Assistant Site Lead) are on duty at all times, meaning that a staff member can always be reached, 24 hours a day, 7 days a week. There will be a specific on-call phone number to be distributed to students prior to departure. Participants may contact this number in an emergency situation. Common concerns include inquiries about how to set up a doctor's appointment, visit a hospital, or navigate an emergency situation, though any question can be addressed to a staff member on-call.

Doctor & Hospital Visits

Students can request guidance at any time when it comes to medical care and visits, and an ISA is always available to accompany a student to a doctor's appointment. Typically, students are seen by a local doctor for routine ailments such as a cold, cough, or sore throat. The local doctor or clinic may recommend that a student visit a hospital for any more serious injury or illness. In an emergency situation, a student may be transported directly to a hospital. Staff usually accompanies students for all hospital visits, especially in emergency situations.

Escalated Incidents

Participants will typically contact the on-call phone first, and speak with the ISA on-call. Depending upon the situation, a professional staff member may become involved, along with any medical professionals, if needed. If an incident is more serious, the Boston office will be contacted by site staff, ensuring that all members of the *N.U.in* team are aware of any escalated situations on-site.

Parental Notification

Parents will be contacted in the event of a medical emergency. The *N.U.in* team will encourage participants to make the initial contact to their parents, though staff will reach out to parents if the student is unable to do so.

TRAVELING WHILE ABROAD

Policies for Travel While On-site

Participants may travel to locations outside of their host cities/countries if they wish. As a safety precaution, any student who leaves for one or more nights must fill out an **Acknowledgement of Risk and Informed Consent for Program Deviation** form. This online form collects information including the dates and destination, means of travel and any flight/train numbers and times, and names of other students who may be traveling as a group. This form will be made available before students arrive on site.

WITHDRAWAL POLICY

A great deal of advance planning is required to develop The N.U.*in* Program. Immediately upon your deposits, N.U.*in* makes financial commitments to travel agents, as well as to each partner institution to secure housing, class space, and co-curricular activities. Therefore, a participant who withdraws from the program at any time after placing the deposits will be responsible for all non-recoverable expenses incurred by The N.U.*in* Program (related to the withdrawing participant). Non-recoverable expenses may include but are not limited to travel costs, partner institution tuition, and housing costs. Individuals are urged to plan carefully and are required to review and understand the withdrawal policy. If a participant has not paid the program fee in full or entered into a payment plan by July 15, 2017, they will not be eligible to participate in The N.U.*in* Program and any deposits made will be forfeited.

If a participant is asked to leave The N.U.*in* Program in connection with any violation of an applicable policy:

- No refund will be granted.
- Northeastern spring admission status will be reviewed and possibly rescinded.

If a participant leaves The N.U.*in* Program for medical reasons supported by a physician:

- The participant will be refunded any recoverable costs.
- Northeastern spring admission status may not be affected.

If a participant chooses to leave The N.U.*in* Program for personal reasons such as homesickness, family concerns, language difficulties, adjustment issues, climate, geography, or political climate:

- No refund will be granted and the participant will be charged for any fees related to changing the date of the airline ticket.
- Northeastern spring admission status may not be affected.

If a participant withdraws from The N.U.*in* Program prior to the program start date due to an inability to obtain a student visa:

- The participant may be refunded any recoverable costs.
- Northeastern spring admission status may not be affected.

If a participant would like to officially withdraw from the program and decline their admission to Northeastern University, they must go through their MyNEU portal: <http://myneu.neu.edu>. Click “Decline Admission” under the self-service or enrollment tab. Student must fill out the pop-up window and press “go” for their withdrawal to be officially registered with the University. If you have forgotten your password, you may click on “forgot password” on the login screen. If you have forgotten both your username and password, please call 617.373.4357 to get assistance in recovering your username.

TRANSFER CREDIT & ENROLLMENT POLICIES

Northeastern's Transfer Credit Policy

The N.U.*in* staff has worked closely with the Northeastern University Colleges and our partners abroad to ensure that students are enrolled in courses abroad that fulfill Northeastern major, Core, and elective requirements. Upon returning to campus, all courses successfully completed with a grade equivalent of a “C” or higher while in The N.U.*in* Program will appear on students’ Northeastern academic records as transfer credit, but will not be calculated into their Grade Point Average. Students receive one original transcript each, which will have their grades from our partner institutions abroad should they require the transcripts to apply to graduate school or other post-undergraduate opportunities. Any additional copies will need to be requested directly from our partner institutions by students.

Enrollment in The N.U.*in* Program

Without exception, all students must successfully complete their current academic program and submit all final transcripts. Students must also submit proof of graduation, which is typically found on their final high school transcripts. Failure to submit final high school transcripts may impact financial aid awards, and failure to complete one’s current academic program in good standing could result in a decision to rescind the offer of admission to The N.U.*in* Program and the university.

Matriculation to Northeastern

Participants must successfully complete their N.U.*in* Program courses during the fall semester. Failure to complete coursework and earn a grade of “C” or better could result in the need to take extra courses during the summer or subsequent semesters, or a decision to postpone the student’s matriculation to Northeastern University.

Disciplinary issues that have occurred since admission, at Pre-departure Orientation, while participating in The N.U.*in* Program, at Northeastern’s New Student Orientation programs, during Move-In, or prior to the official start of the semester, must be fully disclosed. Northeastern reserves the right to rescind your offer of admission or engage in any appropriate disciplinary action related to these issues.



REVERSE CULTURE SHOCK

Not only may students experience culture shock while living in a foreign country, but they may also encounter “reverse culture shock.” Reverse culture shock occurs when students return to their home country after having been away for an extended period of time. Symptoms of reverse culture shock resemble those of culture shock in many ways.

Reverse culture shock is usually described in four stages:

1. **Disengagement**
2. **Initial euphoria**
3. **Irritability and hostility**
4. **Readjustment and adaptation**

Stage 1 begins before you leave your host country. You begin thinking about re-entry and making your preparations for your return home. You also begin to realize that it’s time to say good-bye to your friends abroad and to the place you’ve come to call home. The hustle and bustle of finals, farewell parties, and packing can intensify your feelings of sadness and frustration. You already miss the friends you’ve made, and you are reluctant to leave. Or, you may make your last few days fly by so fast that you don’t have time to reflect on your emotions and experiences.

Stage 2 usually begins shortly before departure, and it is characterized by feelings of excitement and anticipation - even euphoria - about returning home. This is very similar to the initial feelings of fascination and excitement you may have when you first entered your host country. You may be very happy to see your family and friends again, and they are also happy to see you. The length of this stage varies, and often ends with the realization that most people are not as interested in your experiences abroad as you had hoped. They will politely listen to your stories for a while, but you may find that soon they are ready to move on to the next topic of conversation.

This is often one of the transitions to **Stage 3**. You may experience feelings of frustration, anger, alienation, loneliness, disorientation, and helplessness and not understand exactly why. You might quickly become irritated or critical of others and of your home culture. Depression, feeling like a stranger at home, and the longing to go back abroad are also not uncommon reactions. You may also feel less independent than you were while abroad.

Most people are then able to move onto **Stage 4**, which is a gradual readjustment to life at home. Things will start to seem a little more normal again, and you will probably fall back into some old routines, but things won’t be exactly the same as how you left them. You have most likely developed new attitudes, beliefs, habits, as well as personal and professional goals, and you will see things differently now. The important thing is to try to incorporate the positive aspects of your international experience while abroad with the positive aspects of your life at home in your home country.

SPRING 2018 NEW STUDENT ORIENTATION & BOSTON MOVE-IN

New Student Orientation

It is mandatory for all N.U.*in* students to take part in Spring New Student Orientation, held in January and hosted by the Office of New Student Orientation and Parent Programs. During this orientation program, students have the chance to meet N.U.*in* students from other locations and learn their way around campus and Boston. Students prepare for the start of their academic study at Northeastern by exploring their college and major, continuing to work with their academic advisors, learning more about experiential learning, and expanding their knowledge of what makes Northeastern unique. Parents and family members of students are invited to participate along with their student in the Orientation experience.

Students must register for Spring Orientation through their myNEU portals, beginning in late fall. An email will prompt students to register.

Boston Move-In

N.U.*in* students move into their Northeastern housing in early January. Housing preferences are collected in early fall via an online form, and placements are made throughout late November and December. While every effort is made to accommodate housing requests, students may not always receive a placement that aligns with their preferences.



WELCOME WEEK

New students are about to embark on a life-changing journey. At Northeastern, you will engage, inspire, and transform in the rich mixture of courses, learning experiences, and activities that make a Northeastern education excellent and distinctive.

Welcome Week is packed with fun and exciting events. Students will be given many options to choose from, all with the goal of allowing you to meet your new classmates and to get to know your new surroundings. Students also have the opportunity to explore the many, diverse student organizations and clubs that they may join in the spring.





**Wishing you a great
2017 semester!**

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